



DEPARTMENT OF ARTS AND EDUCATION

COURSE OUTLINE – FALL 2021

PY3330 (A2): Personality Theories – 3 (3-0-0) 45 Hours for 15 Weeks

INSTRUCTOR: Dr. Ali M. AL-Asadi **PHONE:** 780-539-2061
OFFICE: C-311B **E-MAIL:** aalasadi@gprc.ab.ca
OFFICE HOURS: By appointments

CALENDAR DESCRIPTION: This is an introductory survey of representative theoretical points of view and research relevant to the major problems of the study of personality.

PREREQUISITE(S)/COREQUISITE: PY2230 or permission of the instructor

REQUIRED TEXT/RESOURCE MATERIALS:

- Collection of reading materials, articles, and other resources based on Open-Sourced texts are be posted on this course's D2L site at: <https://myclass.gprc.ab.ca/d2l/home>
- Additional option: In general, it should be sufficient if you acquired a copy of Hergenhahn, B. R., Olson, M. H., & Cramer, K. (2003). **An Introduction to Theories of Personalities (Canadian Edition)**. Pearson Education Canada Inc., Toronto, Ontario, Canada. The 2011 8th American edition of the Theories of Personality is also sufficient.

DELIVERY MODE(S): Lectures, Discussions, & Video Conference

COURSE OBJECTIVES: This course introduces students to:

- the major theories, perspectives and concepts in the field of personality
- the various research methods used in personality research
- the roles of biology, environment, the self, and consciousness in each theory of personality
- the psychological manifestations predicted by each theory of personality

LEARNING OUTCOMES: As a result of taking this course, students will gain the abilities to:

- articulate fundamental knowledge and comprehension of major concepts in each personality theory
- discuss and explain how the principles of these personality theories explain the everyday personality characteristics and traits we see in ourselves and others
- identify and incorporate the elements of each personality theory to explain psychological attributes
- apply and evaluate knowledge of the basic elements of each theory to predict future behaviours
- demonstrate a basic level understanding of various research methods used in scientific investigations of personality research and critically evaluate these methods

TRANSFERABILITY:

This course is considered a University Transferable Course; however, the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide at <http://transferalberta.alberta.ca/transfer-alberta-search/#/audienceTypeStep>

**** Grade of D or D+ may not be accepted for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Exam 1	25%
Exam 2	25%
Final Exam	25%
Paper Assignment	20%
Class Participation	5%
Total:	100%

Paper: This is a reflective paper. You must keep a daily journal of the concepts and activities that were presented and discussed in class. You must relate these activities and concepts to yourself or someone in your environment. In your writing, try to analyze behaviours, thoughts, and emotions in the context of the theory that was covered. In other words, how would Freud, Jung, Erikson, Roger, etc. view and analyze the person about whom you are writing. Basically, it is an application of the various personality theories and perspectives to yourself or the person of interest.

* Remember, all exams may include questions from lectures that may not be covered by your textbook.

* All exams must be written in-class. Under special circumstances, an exam may be written remotely with an approved invigilator.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	66-69
A	4.0	90-94	C	2.0	63-65
A-	3.7	85-89	C-	1.7	60-62
B+	3.3	80-84	D+	1.3	55-59
B	3.0	75-79	D	1.0	50-54
B-	2.7	70-74	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

*Please note that the dates and the sequence of chapters are tentative and may change.

Dates	Topics	Evaluation
Week 1	What is Personality	
Week 2	Freud's Psychosexual Theory	
Week 3	Freud's Psychosexual Theory Horney's Contributions	
Week 4	Jung's Analytical Theory	
Week 5	Adler's Individual Psychology	
Week 6	Exam 1 Erikson's Psychosocial Theory	E1 (25%)
Week 7	Erikson's Psychosocial Theory	
Week 8	Trait Theory (Allport, Cattell, & Eysenck)	
Week 9	Trait Theory (Allport, Cattell, & Eysenck)	
Week 10	Exam 2 Learning & Behaviourism (Skinner, Dollard & Miller)	E2 (25%)
Week 11	Social learning Theories (Bandura & Mischel)	
Week 12	Sociobiology (Wilson & Barash)	
Week 13	Phenomenological and Humanism (Kelly, Rogers, & Maslow)	
Week 14	May's Existentialism	
	No Classes. Final Exam Period	E3 (25%) Final Exam

STUDENT RESPONSIBILITIES:

The assigned readings and exercises for each class should be completed before attending that class, except for the first class. As this course depends heavily on discussion and at times, practice exercises and illustrations, attendance at all sessions is required and is critical to the student's success in the course. In case of illness or emergency, notify the instructor as soon as possible. If you find yourself having difficulty in this course, please contact the instructor immediately for assistance. If you simply want more discussion with the instructor about any aspect of the course, please visit my office during office hours or at a more convenient pre-arranged time.

Students will be held accountable for delivered lectures, assigned readings, and any announcements that will be made in class from time to time. If a student is unable to attend a particular class, it will be his/her responsibility to find out what was missed. For optimal learning and readiness for class participation, students are expected to attend class regularly (no less than 80% attendance) and to read the assigned chapters before coming to class on the dates indicated on the

timetable, except, of course, for the first session. Past course records show that class attendance is highly correlated with the final grade in the course.

If a student foresees that he/she will be unable to write a test or exam at a scheduled time due to illness or emergency, he/she should notify the instructor immediately, preferably one day in advance. A message may be left on the instructor's voice mail (780-539-2061) or e-mail (aalasadi@gprc.ab.ca) together with a phone number where the student may be reached to arrange for an alternative date to write the test, if feasible. Failure to notify the instructor will result in a grade of zero for the test that was missed, unless proof is presented that the student was physically or mentally unable to do so due to a sudden illness or emergency or to unavoidable circumstances beyond the student's control.

It is expected that all students will display a professional attitude and behaviour in the classroom. This includes reliability, respect for and cooperation with your fellow students and the instructor, attention to fellow student questions and instructor's response, determination to achieve first-class work while meeting deadlines, and constructive response to criticism.

Please keep this course information sheet for future reference.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated, and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the section on Plagiarism and Cheating in the College policy titled Student Misconduct: Academic and Non-Academic at (<https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=68>).

Instructors reserve the right to use electronic plagiarism detection services on written assignments. **Instructors also reserve the right to ban the use of any form of electronics (cell phones, Blackberries, iPods, tablets, scanning pens, electronic dictionaries, etc.) during class and exams.**

**Note: all Academic and Administrative policies are available at <https://www.gprc.ab.ca/about/administration/policies/>

Additional Information

1. The format of each exam will be discussed in class.
2. Exam grades are final, and there is no substitute work for your poor exam grade.
3. The nature and topics of your written paper will be discussed in class
4. It is your responsibility to read each and every chapter and assigned reading (if any) and attend all lectures.
5. Lectures will not always cover material in your chapters. Lectures may cover topics and include materials that are not covered by your textbook. It is, therefore, imperative that you attend every class as your exams may include materials from the lectures that are not covered by your textbook.
6. It is expected that students will display a professional attitude and behaviour. These attitudes and behaviours are many and will be discussed in class. Any violation or misconduct may result in dismissal from the class.
7. Talk to me if you have concerns or you are experiencing difficulties that may have a negative impact on your academic performance.