

Grande Prairie Regional College
Department of Physical Education, Athletics and Kinesiology
PE 3070 Physical Growth and Psychomotor Development
Fall 2002

1.0 Course Description:

A study of the sequential changes in physical growth and motor development with emphasis on individual differences.

Key concept: This course is a study of the sequential changes in human development within the context of physical education. Included in this course is an inspection of physical growth, cognitive development, affective development and motor development across the lifespan.

2.0 Objectives:

- 2.1 To examine psychomotor, cognitive and affective developments across the lifespan of human beings.
- 2.2 To discuss the process and evaluation of physical growth and to identify the factors that influence physical growth.
- 2.3 To identify changing motor patterns and to discuss the factors that influence motor-development.
- 2.4 To apply the elements of growth and psychomotor development to physical education.

3.0 Transfer of Credit:

University of Alberta, PEDS 307, 3 credits

University of Calgary, KNES 355, 3 credits

University of Lethbridge, PHED 3630, 3 credits

Athabasca University, APST 3xx, 3 credits

4.0 Instructor:

David Kay, office M103, phone 539-2034, e-mail: kay@gprc.ab.ca

5.0 Required Textbook:

Payne, V.G.& Isaacs, L.D. (2002). Human Motor Development: A Lifespan Approach. Mountain (5th edition). Mountain View, Ca: Mayfield

Study Guide for PE 3070

6.0 Attendance

Regular classroom attendance is essential for your success in PE 3070. Classes are scheduled for Tuesdays and Thursdays, 10:00 – 11:20 AM

7.0 Student Evaluation

7.1 Unit one examination	chapters 1,2,3,4	20 %
7.2 Unit two examination	chapters 5,6	10 %
7.3 Unit three examination	chapters 7,8,9	20 %
7.4 Unit four examination	chapters 10,11,12,13,14,15,16	30 %
7.5 Term Paper		20 %