

SEP 07 2000

Grande Prairie Regional College
Department of Physical Education, Athletics and Kinesiology
PE 3070 Growth and Development
Fall 2000

1.0 Course Description:

This course is a study of the sequential changes in human physical growth and motor development with emphasis on individual differences.

2.0 Objectives:

2.1 To examine psychomotor, cognitive and affective development from conception to old age.

2.2 To discuss the process and evaluation of physical growth and to identify the factors that influence physical growth.

2.3 To identify changing motor patterns and to discuss the factors that influence motor development.

2.4 To describe the principles of growth and development and to critically apply the principles of growth and development to the design and instruction of physical activities.

3.0 Transfer of Credit:

University of Alberta, PEDS 307, 3 credits

University of Calgary, KNES 355, 3 credits

University of Lethbridge, PHED 2630, 3 credits

Athabasca University, APST 3xx, 3 credits

4.0 Instructor:

David Kay, office K215, phone 539-2034, e-mail: kay@gprc.ab.ca

5.0 Required Textbooks:

Payne, V.G. & Isaacs, L.D. (1999). Human Motor Development: A Lifespan Approach, Mountain (4th edition). Mountain View, Ca: Mayfield

6.0 Attendance

Regular classroom attendance is essential for your success in PE 3070.

7.0 Schedule

Tuesdays and Thursdays, 2:30 - 3:50 PM

8.0 Student Evaluation

8.1 Midterm exam 30 %

8.2 Project 40 %

- * 15 points on the video

- * 20 points on the written report

- * 5 points on your short class room presentation

8.3 Final exam 30 %