

DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

PE2940 - PA1010 PRINCIPLES AND CONCEPTS OF PHYSICAL ACTIVITY

INSTRUCTOR: Mr. Chris Nicol **PHONE:** 780-539-2838

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OFFICE HOURS: TBA

PREREQUISITE(S)/COREQUISITE: none

REQUIRED TEXT/RESOURCE MATERIALS: course package

2 Course Notes Packages, Additional Resources as designated by the instructor

• External links posted on Moodle.

• Seidel, B., Biles. F, Figley, G. & Neaman, B., 1992. <u>Sports Skills: A Conceptual Approach to Meaningful Movement Dubuque</u>, Iowa; WM. C. Brown

CALENDAR DESCRIPTION: A study of the fundamental movement concepts

CREDIT/CONTACT HOURS: 3(3-0-0) 45 HOURS

DELIVERY MODE(S): Lecture, Lab Activities

OBJECTIVES (OPTIONAL):

- 1. To study the common concepts of movement with emphasis on practical application in a variety of physical education activities.
- 2. To provide students with practical opportunities for movement analysis.
- 3. To experience a variety of teaching styles.
- 4. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective, and psychomotor domains.
- 5. To create a safe learning environment.

TRANSFERABILITY:

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

GRADING CRITERIA:

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point	Percentage	Designation
	Equivalent	Guidelines	
A⁺	4.0	90 – 100	EXCELLENT
Α	4.0	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
В	3.0	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	SATISFACTORY
С	2.0	63 – 66	
C_	1.7	60 – 62	
D ⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

EVALUATIONS:

Term Exam 30% Coursework: 20% Major Assignment: 25% Quizzes 25%

The major assignment is an opportunity to utilize the conceptual approach in a practical application. Details TBA. Note that a 10% per day penalty will be assessed to all late assignments.

STUDENT RESPONSIBILITIES:

Regular attendance and participation are expected at <u>ALL</u> sessions as much of the information provided cannotbe obtained in any other way. Students who miss more than 10% of the total number of classes may <u>NOT</u> be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons <u>MUST</u> present medical verification to their instructor. Notify the instructor of any allergies or medical conditions. Dress in appropriate clothing and footwear for all gymnasium sessions.

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at http://www.gprc.ab.ca/programs/calendar/ or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

^{**}Note: all Academic and Administrative policies are available on the same page.

COURSE SCHEDULE/TENTATIVE TIMELINE: