

COURSE OBJECTIVES: For the students to acquire:

- 1.) A knowledge of the types of movement activities in which children 5 to 12 years of age engage.
- 2.) An understanding of the characteristics and needs of children participating in movement activities.
- 3.) A knowledge and understanding of movement concepts with emphasis on their application to a variety of movement activities.
- 4.) Observation skills for assessment and understanding of how children develop movement skills.
- 5.) A knowledge of suitable environments for children to learn movement activities.

COURSE CONTENT:

Theory, discussion, observation, and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately.

1. A study of movement activities engaged in by children 5 to 12 years of age.
 - a.) types of functional and expressive activities
 - b.) content of activities
 - c.) suitability of activities for children within this age group
 - d.) the organization and progressive development of activities.
2. An introduction of the characteristics and needs of children 5 to 12 years of age.
 - a.) growth and development: cognitive, affective, and psychomotor aspects
 - b.) age characteristics
 - c.) the needs of children for physical activity
 - d.) skill acquisition.
3. Movement analysis
 - a.) basic kinesiological principles and Laban's principles of movement
 - b.) the application of these principles for observation, activity analysis, and task setting.
4. Observation of children in activity settings.
 - a.) observation techniques
 - b.) identification of levels of skill proficiency
 - c.) analysis of child's use of movement concepts.
5. The provision of suitable environments and activities for children 5 to 12 years of age.
 - a.) suitable equipment and environments for the promotion of activity
 - b.) ways of helping children learn more about themselves and the values of physical activity in their lives
 - c.) free play and structured activity settings, their values and limitations.

6. A study of the content of Physical Education programs:
- gymnastics, dance, and games, etc.
 - the contribution of each to the total program
 - methods of presenting and organizing experiences
 - practical ways of dealing with individual differences within the physical education program.

P.E. 2930 SCHEDULE FALL 1999

MONDAYS

Sept. 13	J202
Sept. 20	J202
Sept. 27	St. Patrick School
Oct. 4	St. Pat's
Oct. 11	No school
Oct. 18	J202 (MIDTERM)
Oct. 25	St. Pat's
Nov. 1	St. Pat's
Nov. 8	St. Pat's
Nov. 15	St. Pat's
Nov. 22	St. Pat's
Nov. 29	St. Pat's
Dec. 6	J202

WEDNESDAYS

Sept. 8	J202
Sept. 15	J202
Sept. 22	J202
Sept. 29	St. Patrick School
Oct. 6	J202
Oct. 13	St. Pat's
Oct. 20	St. Pat's
Oct. 27	St. Pat's
Nov. 3	St. Pat's
Nov. 10	J202
Nov. 17	J202
Nov. 24	St. Pat's (PROJECT)
Dec. 1	J202
Dec. 8	J202

THE FINAL EXAM WILL BE DURING EXAM WEEK.

ST. PATRICK SCHOOL IS LOCATED AT 7810 - POPLAR DRIVE.