



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

COURSE OUTLINE – FALL 2017

PE2070 (A2): Physical Education and Leisure for Special Populations – 3 (3-0-1) 60 Hours

INSTRUCTOR: Julia Dutove, Ph.D. **PHONE:** 780-539-2974
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OFFICE HOURS: Tuesday 1:00-2:00pm, Wednesday 11:30am-12:30pm or by appointment

CALENDAR DESCRIPTION: This is an introduction to current trends in theory and practice in physical education and recreation for special groups. The course includes a survey of special populations and their implications for service delivery.

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

Winnick, J. P. (2017). *Adapted physical education and sport* (6th ed.). Champaign, IL: Human Kinetics.

The Steadward Centre (2015). *Move and play: The inclusive way*. Edmonton, AB: University of Alberta.

DELIVERY MODE(S): This course will provide students with an overview of physical activity and leisure services to special populations, the nature of such groups, models of service delivery, and the role(s) of recreational practitioners and physical educators in serving the needs of special populations. Course content will be presented through various methods such as lectures, guest lectures, films, videotapes, field trips, physical activities, panel discussions, and small group research.

COURSE OBJECTIVES:

1. To dispel common myths and stereotypes related to special populations and to examine the relationship between attitudes(s) and service delivery.
2. To acquire knowledge about important characteristics of people with a disability or special need(s) and the relationship of these characteristics to the development of services in physical activity and leisure.
3. To introduce the students to the process of integration in the school and community settings.
4. Through the completion of projects and assignments, students will have an opportunity to develop some basic skills and leadership techniques in working with special population.
5. To provide students with the opportunity to conduct research into a particular area of special populations (e.g. persons with brain injuries, youth at risk, elderly persons, persons with alcohol or substance abuse problems or in poverty, etc.).
6. To expose students to physical activity and leisure resources, programs and services currently provided to persons with disabilities or special needs.

LEARNING OUTCOMES:

After successful completion of this course, students will be able to:

1. Identify, and describe basic information including the cause, symptoms, characteristics and physical considerations, for a variety of disabilities.
2. Identify the importance of physical activity for all people.
3. Discuss and apply the concept of seeing people's "strengths before their challenges" in order to enable persons with disabilities to participate in physical activity.
4. Describe and apply inclusive principles when planning and teaching of motor skills and various sports for individuals with disability.
5. Identify information about the support systems, programming and community resources available to practitioners/educators (locally, provincially and nationally).
6. Express beliefs and values around people who communicate, move, think, and learn in different ways.
7. Observe and practice sport for individuals with disabilities.
8. Describe and practice the creation of inclusive environments

TRANSFERABILITY:

UA, UC, UL, AU, GMU, CU, CUC, KUC.

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Blind Assignment	5%	Due Monday October 16
Wheelchair Assignment	10%	Due Wednesday November 15
Teaching Assignment	5%	Due throughout semester
Practical Experience Project	25%	Due Wednesday December 6
Midterm 1	10%	Monday October 2
Midterm 2	15%	Monday November 6
Final Exam	30%	During Finals: December 9-19

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**. This means **DO NOT GET LESS THAN "C-" IF YOU ARE PLANNING TO TRANSFER TO A UNIVERSITY.**

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Mondays/Wednesdays AM: 10:00-11:20am (J227)

Wednesdays AM: 1:00-1:50pm (J202)

There will be field trips throughout the semester based on availability. This schedule is subject to change based on room and field trip availability. I will give you advance notice of any changes.

Classes in the gym are indicated on the schedule.

Date	Topic	Reading
Week 1 Aug 30	Course outline and introduction Aug 30 PM: No class	
Week 2 Sept 4/6	Sept 4: No class (Labour Day) History of adapted physical activity & sport (AM & PM)	Optional: Chapters 1 & 3
Week 3 Sept 11/13	Development & working with people with disabilities (all 3 classes)	Chapters 7, 8, 19, 20
Week 4 Sept 18/20	Visual impairments & spinal cord disabilities (all 3 classes)	Chapters 12 & 16
Week 5 Sept 25/27	Sept 25: Crystal Park Tour Sept 27 AM & PM: Introduction to disabilities in sport & Midterm review	Chapters 26 & 27
Week 6 Oct 2/4	Oct 2: Midterm 1 Oct 4 AM & PM: Using wheelchairs (PM in Gym)	Chapter 29
Week 7 Oct 9/11	Oct 9: No class (Thanksgiving) Oct 11 AM & PM: Intellectual disabilities & wheelchair basketball/rugby intro	Chapter 8
Week 8 Oct 16/18	Oct 16 (Gym): Wheelchair basketball Oct 16: Blind assignment due Oct 18 AM (Gym): Wheelchair rugby Oct 18 PM: Wheelchair tennis & boccia intro	
Week 9 Oct 23/25	Oct 23: Behavioral disabilities Oct 25 AM (Gym): Wheelchair tennis Oct 25 PM: Specific learning disabilities	Chapters 9 & 11
Week 10 Oct 30/Nov 1	Oct 30 (Gym): Boccia Nov 1: Autistic spectrum and social communication disorders, hard of hearing, deaf, or deafblind	Chapters 10 & 13
Week 11 Nov 6/8	Nov 6: Midterm 2 Nov 8 AM: PARDS tour Nov 8 PM: Physical disabilities and other health conditions	Chapter 14, 15, & 17
Week 12 Nov 13/15	Nov 13: No class (Fall Break) Nov 15 AM & PM: Physical disabilities and other health conditions Nov 15: Wheelchair assignment due	
Week 13 Nov 20/22	Nov 20: Aquatics Nov 22 AM & PM: Seniors & sitting volleyball and goalball intro	Chapter 25
Week 14 Nov 27/29	Nov 27 (Gym): Sitting volleyball Nov 29 AM (Gym): Goalball Nov 29 PM: Winter sports	Chapter 28
Week 15 Dec 4/6	Dec 4 (Gym): Tournament Dec 6: Practical Experience Project due Dec 6 AM & PM: Final exam review	

STUDENT RESPONSIBILITIES:

- All assignments are expected to be submitted on the due date. Late assignments will be deducted 10% per day up to 4 days late. After 4 days late, assignments will not be accepted. If you have an issue or concern (e.g., illness or family emergency), contact the instructor as soon as possible.
- Regular attendance is a key to success in this and every other course. Please contact the instructor if you have to miss class. It is the student's responsibility to acquire any materials and content missed due to absence.
- Appropriate clothing (e.g., workout clothes and clean running shoes) is required for activity days. Because participation in activities is required as part of the class, please inform the instructor if you are unable to participate for any reason. Modifications will be made if needed to allow all students to participate.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.

ADDITIONAL INFORMATION:

Wheelchair and Blind Assignments:

The main purpose of these assignments is to expand upon experience and understanding. You may (and are encouraged to) work with a partner for the experience but you must work on your own to do the final write-ups.

Teaching Assignment:

You will work in a small group to run one of the activity days in the gym. Groups, dates, and activities will be assigned at the start of the semester.

Practical Experience Project:

You are required to work in some form of adapted physical activity or leisure program for a special population for a minimum of 15 hours. You will hand in a final project at the end of the semester based on your experiences.

Exams:

Each midterm will cover 3-4 chapters and related content from those lectures and labs. The final exam will cover all material (lectures and labs) but with a heavier emphasis on the content from after midterm #2.