

SEP 1996

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS
P. E. 2070 PHYSICAL ACTIVITY AND LEISURE
FOR SPECIAL POPULATIONS (3-0-1)
WINTER 1996
COURSE OUTLINE

INSTRUCTOR: Bethé Goldie
OFFICE: K216
OFFICE PHONE: 539-2972 **HOME PHONE:** 532-6348

CLASS SCHEDULE AND LOCATION: **Lectures: Tuesday and Thursday 1:30-2:50 pm Rm. H211**
Lab: Tuesday 3:00-3:50 pm Rm. H211 and gym

TRANSFERABILITY: PERLS 207 (3) - University of Alberta
PHED 267 (3) - University of Calgary
1 unspec. 2000 PED (3) - University of Lethbridge

ATTENDANCE: Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Department policy states that a student who misses more than 10% of classes may be barred from writing the final exam.

REQUIRED TEXTS: Sherrill, C. (1993). Adapted physical activity, recreation and sport: Crossdisciplinary and lifespan (4th ed.). Dubuque, IA: Wm. C. Brown.

REQUIRED READINGS WILL APPEAR IN:
Hansen, Rick & Taylor, J. (1987). Rick Hansen - Man in motion. Vancouver, B.C.: Douglas & McIntyre Ltd.
Kennedy, D., Smith, R., & Austin, D. (1991). Special recreation: Opportunities for persons with disabilities. Dubuque, IA: Wm. C. Brown.

COURSE REQUIREMENTS:

Term Exams:	October 1	10%
	November 5	20%
	December 5	20%
	Wheelchair/Blind Assignment (Oct. 22)	10%
	Disability research paper (Oct.29)	15%
	Practical Experience and Log (Nov.28)	25%
	Total	100%

Late assignments will receive severe deductions!

COURSE CONTENT:

This course will provide students with an overview of physical activity and leisure services to special populations; the nature of such groups, models of service delivery, and the role(s) of recreational practitioners and physical educators in serving the needs of special populations.

Course content will be presented through various methods such as lectures, guest lectures, films, video-tapes, slides, panel discussions, small group research.

PRACTICAL EXPERIENCE AND LOG: Students will be required to work in some form of adapted physical activity or leisure program for a minimum of 15 hours. Practicum forms must be signed by supervisor. I will try to make an observation visit or call for each student during the term. Log books must be kept and included in final report. Your final report must also include personal comments on your feelings, thoughts, and growth during the practicum.

DUE DATE: Thursday, November 28

LATE ASSIGNMENTS WILL RECEIVE SEVERE DEDUCTIONS!!!!

COURSE OBJECTIVES:

1. To dispel common myths and stereotypes related to special populations and to examine the relationship between attitude(s) and service delivery.
2. To acquire knowledge about important characteristics of people with a disability of special need(s) and the relationship of these characteristics to the development of services in physical activity and leisure.
3. To introduce the students to the process of integration in the school and community settings.
4. Through the completion of in-class projects and assignments, students will have an opportunity to develop some basic skills and leadership techniques in working with special populations.
5. To provide students with the opportunity to conduct research into a particular area of special populations (eg. persons with brain injuries, alcohol or substance abuse, youth at risk, poverty, etc.).
6. To expose students to physical activity and leisure resources, programs and services currently provided to persons with disabilities or special needs.