



**DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY**

**COURSE OUTLINE – Fall 2019**

**PA1110 Instruction of the Basics of Basketball 3 (0-0-3) UT 45 Hours**

**INSTRUCTOR:** Mr. Chris Nicol

**PHONE:** (780) 539-2838

**OFFICE:** K219

**E-MAIL:** cnicol@gprc.ab.ca

**OFFICE HOURS:** By appointment or drop in.

**CALENDAR DESCRIPTION:** Acquisition of theoretical knowledge and personal skills used in the instruction of the basics of basketball.

**PREREQUISITE(S)/COREQUISITE:** NONE

**REQUIRED TEXT/RESOURCE MATERIALS:**

Moodle Resource

Additional Resources as designated by the instructor.

**DELIVERY MODE(S):** Seminar, Lab, Guided Activity

**COURSE OBJECTIVES:**

- Students will be exposed to a variety of instructional and coaching methodologies.
- Students will be provided with the opportunity for application of theory through activity.
- Students will be provided with opportunities for students to develop an awareness of present skill level and methods/strategies for improvement in self and others.
- Students will be exposed to appropriate teaching-coaching progressions for basketball
- Students will develop an understanding of the importance and practical application of the conceptual approach and how this can assist the physical educator in providing quality instruction and assessment.
- Students will develop an understanding of how concepts of general movement, theory, physical literacy, long term athlete development & sport for life are applied to this activity.

**LEARNING OUTCOMES:**

- Students will develop and demonstrate competency in the basic psychomotor skills of basketball including footwork, court movement, ball handling, dribbling, shooting, passing, rebounding and defense

- Students will demonstrate a cognitive and practical understanding of common strategic concepts of basketball
- Student will complete a shot analysis using video analysis tools
- Students will develop a teaching-coaching resource unit
- Students will participate in a variety of competitive and evaluative models

**TRANSFERABILITY:** UA, UC, GMU,CU,UL,AU,KUC,CUC, AF

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

### **EVALUATIONS:**

Quizzes	20%
Coursework and Assignments	30%
Skill Assessment	20%
Final Exam	30%

### **GRADING CRITERIA:**

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

<b>Alpha Grade</b>	<b>4-point Equivalent</b>	<b>Percentage Guidelines</b>		<b>Alpha Grade</b>	<b>4-point Equivalent</b>	<b>Percentage Guidelines</b>
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

**COURSE SCHEDULE/TENTATIVE TIMELINE:**

<b>TU</b>	<b>TOPIC</b>	<b>TH</b>	<b>TOPIC</b>
		S5	Introduction to Course
S10	Footwork 1, Ball Handling 1, Passing 1	S12	Footwork 2, Ball Handling 2, Passing
S17	Shooting 1: Lay Ups 1	S19	Shooting 2: Lay Ups 2
S24	Shooting 3	S26	Sh VIDEO + Stations, ScoreSheets
O1	Sh VIDEO + Stations Officials Signals	O3	<b>RULES QUIZ &amp; SKILL TEST #1</b>
O8	Post Ups 1 & Skill Circuit	O10	Post Ups 2 & Rebounding
O15	Transition	O17	Screen & Roll
O22	Transition	O24	Screen & Roll
O29	<b>SKILLS TEST #2</b>	O31	Motion Offense & Man Defense
N5	Motion Offense & Man Defense	N7	Motion Offense & Man Defense
N12	<b>FALL BREAK - No Classes</b>	N14	Zone Defense & Offense
N19	Zone Defense & Offense	N21	Presses, Traps and Press Breaks
N26	<b>QUIZ #2 In-class Tournament</b>	N28	In-class Tournament
D3	In-class Tournament	D5	<b>SKILLS TEST FINAL</b>
<i>Note: Minor schedule changes or adjustments are possible</i>			
<b>FINAL EXAMS Dec 11 to Dec 20, 2019</b>			

**STUDENT RESPONSIBILITIES:**

Regular attendance and participation is expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Notify the instructor of any allergies or medical conditions. Dress in appropriate clothing and footwear for all gymnasium sessions.

Refer to the College Policy on Student Rights and Responsibilities at

[www.gprc.ab.ca/d/STUDENTRIGHTSRESPONSIBILITIES](http://www.gprc.ab.ca/d/STUDENTRIGHTSRESPONSIBILITIES)

**STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <http://www.gprc.ab.ca/about/administration/policies/>

**\*\*Note:** all Academic and Administrative policies are available on the same page.

**Additional Information:**

- As this is an activity class students will be expected to participate in the physical activities required to learn about and experience cardiovascular exercise.  
Students missing more than 3 classes will be warned and any further absences will result in the student being removed from the class.
- Students seeking the excellent rating should be able to illustrate good training behavior, by being appropriately dressed, punctual, good attendance, considerate towards others, have a good work ethic, and help to create a good learning environment for the class. This will be determined from the student attendance records, and in-class observation of each student.