



University of Alberta Collaborative BScN Program

Grande Prairie Regional College

Keyano College

Red Deer College

University of Alberta

DEPARTMENT OF NURSING EDUCATION AND HEALTH STUDIES

COURSE OUTLINE

FALL, 2020

SECTIONS: BC1, BC2, S1, S2

OCTOBER 19 – DECEMBER 9, 2020

NS 3100: Mental Health Nursing Practice

6(0-3-24) 189 Hours in 7 Weeks

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May 2010

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OFFICE HOURS:

Office hours vary according to the instructor. Please consult the individual instructor for details.

CALENDAR DESCRIPTION:

Students will have opportunity to apply concepts of mental health nursing to the care of individuals experiencing acute and chronic alterations in mental health in hospital or community settings.

PREREQUISITE/COREQUISITE :

Prerequisites : NS2015, NS2025, NS2150

Co-requisite: NS3090

REQUIRED TEXT:

Austin, W., & Boyd, M.A. (2019). *Psychiatric and mental health nursing for Canadian practice*. (4th ed). Philadelphia, PA: Lippincott Williams & Wilkins.

Balzer-Riley, J. (2012). *Communications in nursing* (7th ed.). St. Louis, MI: Mosby Elsevier.

DELIVERY MODE: Mixed Delivery

This course is delivered remotely with some face-to-face/onsite components at the GPRC [Grande Prairie] campus.

- For the remote delivery components: students must have a computer with a webcam and reliable internet connection. Technological support is available through helpdesk@gprc.ab.ca.
- For the onsite components: students must supply their own mask and follow GPRC Campus Access Guidelines and Expectations (<https://www.gprc.ab.ca/doc.php?d=ACCESSGUIDE>). The dates and locations of the onsite components can be found in the student's clinical schedule.

COURSE OBJECTIVES:

Students are responsible to familiarize themselves with 2017-18 *Graduate Competencies and Year-End Outcomes (with Cross Reference to Courses)*. Attention must be given to the competencies that are identified as being relevant to NS 3100.

1. Describe, understand and articulate an understanding of theory related to key patient safety concepts including communication, teamwork, environmental and human factors, safety risks and adverse events disclosure.
2. Describe, understand and articulate an understanding of theory related to patient centered care and interdisciplinary practice.

3. Demonstrate, with guidance, the processes of self-directed learning, critical thinking, and group process in context-based learning, in a variety of community and/or acute care settings.
4. Demonstrate, with minimal assistance, the ability to practice in accordance with Level 3, Senior 1 competencies, as described in the document entitled: 2017-18 *Graduate Competencies and Year-End Outcomes Condensed Version*.
5. Demonstrate, with guidance, competence in the assessment, planning, implementation and evaluation of nursing interventions in the provision of care to clients experiencing alterations in mental health.
6. Demonstrate, with minimal guidance, the ability to manage restoration, rehabilitation, and support activities for clients experiencing acute and chronic mental health alterations, in a variety of community and/or acute care settings.
7. Demonstrate, with minimal assistance, the ability to use professional and therapeutic communication skills to collaborate with clients (adolescents to older adults) experiencing chronic or less acute variances in mental health.
8. Demonstrate, with minimal guidance, competence in ability to interact with and develop collaborative partnerships with other members of the health-care team and members of the community.
9. Demonstrate, with guidance, the ability to engage in evidence-based practice.
10. Demonstrate the ability to integrate knowledge into clinical practice.

LEARNING OUTCOMES:

1. Demonstrate safe nursing practice.
2. Apply models and theories relevant to nursing practice.
3. Integrate cultural, legal, social and ethical implications into nursing care.
4. Apply principles of primary health care, health promotion and injury prevention, and the social determinants of health to nursing care.
5. Apply professional and therapeutic communication skills.
6. Practice interprofessional competencies.
7. Apply the nursing process in collaboration with the client.
8. Access and assess information to guide nursing practice.
9. Address social justice considerations.
10. Recognize trends and issues in mental health in various settings.

TRANSFERABILITY:

UA NURS 310

***Note:** Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.** Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or if you do not want to navigate through few links at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>

EVALUATION:

Student evaluation will consist of one assignment and an evaluation of the student's nursing practice. In addition to the student's clinical performance, the evaluation of nursing practice (ENP) will also incorporate aspects of students' weekly SMART goals and contributions during seminars.

Assignments & Exams	Writing Date or Due Date	Weighting
Safe Medicate Exams	Writing Date: October 19, 2020 at 10:00 am	Pass/Fail
Safe Medicate Re-writes	Writing Date: October 21, 2020 at 10:00 am	
Case Study Assignment (Open-book)	Writing Date: October 23, 2020 at 2:30 pm to 5:20 pm	30%
Evaluation of Nursing Practice (ENP): <ul style="list-style-type: none"> Clinical practice Seminars SMART goal setting worksheets 		70%
Total		100%

Evaluations of student's clinical performance will be accomplished through indirect and/or direct observation assessment and evaluation of the student during nursing practice. Midterm and final evaluations will occur in consultation with individual students and/or the student's field guide(s). A formative and written ENP will be completed by the clinical instructor and provided to the student and the end of the course.

Safe Medicate Exams:

Year 3 students enrolled in NS 3100 will be tested on the following:

- Essentials Skills 2018 (including mental health, tablets, capsules, liquid medications, injections and IV infusions)
- Advanced Skills – Pediatrics (bodyweight-based calculations module)
- Advanced Skills – Continuous Infusions module
- Advanced Skills – Intermittent Infusions module

If a student does not achieve 90% in any of the tested modules, they will be required to re-write the test for that module. Students will have three opportunities to achieve 90% on all Safe Medicate exams. If a student is not able to achieve 90% after the third attempt, they will not be able to attend the clinical course and may be asked to withdraw from the program. If a student returns to the nursing program after a program interruption, and a different medication calculation program has been instituted, the student will be responsible for purchasing the new program and writing the medication math calculation exam that is being currently used.

Case Study Assignment:

Students will be given a case study and be expected to answer questions based on the information presented in the case study.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are responsible for contacting the receiving institutions to ensure transferability.**

COURSE SCHEDULE/TENTATIVE TIMELINE:

WEEK 1	Orientation to course and to clinical site
WEEK 2	Clinical – dates and times vary, and weekly seminar
WEEK 3	Clinical – dates and times vary, and weekly seminar
WEEK 4	Clinical – dates and times vary, and weekly seminar
WEEK 5	Clinical – dates and times vary, and weekly seminar
WEEK 6	Clinical – dates and times vary, and weekly seminar
WEEK 7	Clinical – dates and times vary, and weekly seminar

STUDENT RESPONSIBILITIES AND IMPORTANT POLICIES:

NS 3100 is comprised of clinical days and weekly seminars. Attendance is required for all components of the course. Students will be expected to attend the scheduled in-class case study exercise, which will take place in a seminar (see ‘Course Calendar’ for further details). Any absences need to be reported to the field guide/clinical agency and the clinical instructor. In order to pass NS 3100, students must demonstrate safe, competent, and ethical nursing practice and professional behavior.

Important Dates:

Students are to refer to the 2020-2021 *Grande Prairie Regional College Academic Calendar* at <http://www.gprc.ab.ca/programs/calendar/> regarding important dates.

Nursing Program Policies:

Students are to refer to the 2020-2021 *Grande Prairie Regional College Academic Calendar* and the *University of Alberta Collaborative Baccalaureate Nursing Program with Grande Prairie Regional College Student Handbook* for specific nursing program policies that may pertain to NS 3100.

Assignment Policy:

Students are expected to submit field notes on or before the due date and time. Field notes are to be posted on Myclass. Extensions may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

****Note:** all Academic and Administrative policies are available on the same page