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# **DEPARTMENT of Nursing Education & Health Studies**

**COURSE OUTLINE – Fall I - 2018**

**NS3100:** **Mental Health Nursing Practice AC1/AC2/S1 – 6 (0-3-24) 189 Hours in 7 Weeks**

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| **INSTRUCTOR:** Tracy King RN, BScN, MN |  | **PHONE:** | 780-539-2874  780-897-7898 (cell) |
| **OFFICE:** H213 |  | **E-MAIL:** | tking@gprc.ab.ca |
| **OFFICE HOURS:** By appointment |  | | |
| **INSTRUCTOR:** Wendy McMillan RN, MN |  | **PHONE:** | 780-539-2784  (780) 518-5171 |
| **OFFICE:** H229 |  | **E-MAIL:** | wmcmillan@gprc.ab.ca |
| **OFFICE HOURS:** By appointment |  | | |

## **CALENDAR DESCRIPTION:**

## Students will have opportunity to apply concepts of mental health nursing to the care of individuals experiencing acute and chronic alterations in mental health in hospital or community settings.

## **PREREQUISITE(S)/COREQUISITE:**

Prerequisites: NS2015, NS2025, NS2150

Corequisite: NS3090

## **REQUIRED TEXT/RESOURCE MATERIALS:**

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Austin, W., Kunyk, D., Peternelj-Taylor, C. & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Philadelphia, PA: Lippincott Williams & Wilkins.

Balzer Riley, J. (2012). *Communication in nursing.* (8th ed.). Philadelphia: Elsevier Mosby Saunders.

## **DELIVERY MODE(S):**

Clinical and Seminar Hours

**COURSE OBJECTIVES:**

Students are responsible to familiarize themselves with *Graduate Competencies and Year-End Outcomes (with Cross Reference to Courses).* Attention must be given to the competencies that are identified as being relevant to NURS 3100.

1. Describe, understand and articulate an understanding of theory related to key patient safety concepts including communication, teamwork, environmental and human factors, safety risks and adverse events disclosure.
2. Describe, understand and articulate an understanding of theory related to patient centered care and interdisciplinary practice.
3. Demonstrate, with guidance, the processes of self-directed learning, critical thinking, and group process in context-based learning, in a variety of community and/or acute care settings.
4. Demonstrate, with minimal assistance, the ability to practice in accordance with Level 3, Senior 1 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes Condensed Version.*
5. Demonstrate, with guidance, competence in the assessment, planning, implementation and evaluation of nursing interventions in the provision of care to clients experiencing alterations in mental health.
6. Demonstrate, with minimal guidance, the ability to manage restoration, rehabilitation, and support activities for clients experiencing acute and chronic mental health alterations, in a variety of community and/or acute care settings.
7. Demonstrate, with minimal assistance, the ability to use professional and therapeutic communication skills to collaborate with clients (child/adolescents to older adults) experiencing chronic or less acute variances in mental health.
8. Demonstrate, with minimal guidance, competence in ability to interact with and develop collaborative partnerships with other members of the health-care team and members of the community.
9. Demonstrate, with guidance, the ability to engage in evidence-based practice.
10. Demonstrate the ability to integrate knowledge into clinical practice.

**LEARNING OUTCOMES:**

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| |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | 1. Demonstrate safe nursing practice | | | | | | | |  |  |  |  | | 1. Apply models and theories relevant to nursing practice | | | | | | | | | | | | | 1. Integrate cultural, legal, social and ethical implications into nursing care | | | | | | | | | | | | | 1. Apply principles of primary health care, health promotion and injury prevention, and the social determinants of health to nursing care | | | | | | | | | | | | | 1. Apply professional and therapeutic communication skills | | | | | | | | | | | | | 1. Practice interprofessional competencies | | | | | | | | | | | | | 1. Apply the nursing process in collaboration with the client | | | | | | | | | | | | | 1. Access and assess information to guide nursing practice | | | | | | | | | | | | | 1. Address social justice considerations |  |  |  |  |  |  |  |  |  |  |  | | 1. Recognize trends and issues in mental health/addictions in various settings | | | | | | | | | | | | |  |  |  |  |

**TRANSFERABILITY:**

**UA NURS 310**

NS3100 is considered part of the block transfer to the University of Alberta after Year 3. Students must receive a minimum grade of C- in this course and maintain of GPA of 2.0 to be considered for block transfer.

Although we strive to make the transferability information in this document up-to-date and accurate, the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities. Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2>

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability when not part of the GPRC/U of A block transfer.

## **EVALUATIONS:**

1. Nursing practice is evaluated using the Evaluation of Nursing Practice (ENP) tool.

ENP - **80%**

* + To encourage the development of self-reflective practice, relevant clinical experiences, reflection on practice, nursing care, and learning goals will be evaluated through discussion in in weekly seminars and in field notes.
  + Significant learning experiences that challenge or confirm student assumptions, values, and beliefs related to mental health will occur in three (3) reflective journals that will be incorporated into the ENP. (Due March 19, 26th, and April 9th at 08:00 hrs)
  + Evaluation of student’s clinical performance:
  + A formative and written summative Evaluation of Nursing Practice will be completed by the student and the instructor at the end of the course (see Course Syllabus for more information).
  + Mid-term and final evaluation meetings will be set with the assigned field guide and student for discussion about student progress and learning.

Evaluation will be accomplished through observation (direct or indirect) assessment and evaluation of the student during nursing practice. Evaluations will be written by the instructor and may be supplemented with input from peers, field guides, the staff of an agency, and/or the client.

1. Clinical Scholarly Assignment - **20%**

**Applied Theory – Clinical Therapeutic Interaction Assignment**

**Purpose:** The purpose of the assignment is to link theory to practice in relation to a real-life client. The student will be able to describe the client, their presentation and history, and reflect on observed therapeutic interactions, which they will critically analyze and apply theory to all aspects.

3. Safe Medicate - **Pass/Fail**

* Year 3 students will be tested on:
  + Essential Skills 2018 (adults and pediatrics)
  + Advanced skills: pediatric body-weight based calculations
  + Advanced skills: intermittent infusions
  + Advanced skills: continuous infusions

1. If a student does not achieve 90% in any of the tested modules, they will re-write the test for that module.
2. Students will have 3 opportunities to achieve 90% in all medication math calculation exams.
3. If a student is not able to achieve 90% after the third attempt, they will not be able to attend the clinical course and may be asked to withdraw from the program after review by Student Academic Review Committee (SARC).
4. If a student returns to the nursing program after a program interruption, and a different medication calculation program has been instituted, the student will be responsible for purchasing the new program and writing the medication math calculation exam that is being currently used.

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| **Evaluation Strategies** | **Value** | **Due Date or Writing Date** |
| Self-evaluation of Nursing Practice (ENP)  Evaluation of Nursing Practice (ENP) | 80% | October 15th at 08:00 hrs  Week of October 19th, by appointment |
| Therapeutic Communication Assignment | 20% | October 11th 08:00 hrs |

## **GRADING CRITERIA:**

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| **GRADING CONVERSION CHART** | | | |
| **ALPHA GRADE** | **PERCENTAGE CONVERSION (%)** | **4-POINT EQUIVALENT** | **DESCRIPTOR** |
| **A+** | 90 - 100 | 4.0 | Excellent |
| **A** | 85 - 89.9 | 4.0 |
| **A-** | 80 - 84.9 | 3.7 | Very Good  First Class Standing |
| **B+** | 77 – 79.9 | 3.3 |
| **B** | 73 – 76.9 | 3.0 | Good |
| **B-** | 70 – 72.0 | 2.7 |
| **C+** | 67 – 69.9 | 2.3 | Satisfactory |
| **C** | 63 – 66.9 | 2.0 |
| **C-** | 60 – 62.9 | 1.7 |
| **D+** | 55 – 59.9 | 1.3 | Poor |
| **D** | 50 – 54.9 | 1.0 | Minimal Pass |
| **F** | 0 – 49.9 | 0.0 | Failure |
| **WF** | 0 | 0.0 | Fail  Withdrawal after the deadline |

## **COURSE SCHEDULE/TENTATIVE TIMELINE:**

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| **WEEK 1** | Orientation according to orientation schedule |  |
| **WEEK 2** | First week of clinical!  Monday-Thursday (Varies according to site), September 14th, 2018 last date to add/drop a course | Seminar: Friday 1130-1420 |
| **WEEK 3** | Clinical: Monday – Thursday (Varies according to site) | Seminar: Friday 1130-1420 |
| **WEEK 4** | Clinical: Monday – Thursday (Varies according to site) | Seminar: Friday 1130-1420 |
| **WEEK 5** | Clinical: Monday – Thursday (Varies according to site)  October 1st, 2018 – last date to withdraw with permission | Seminar: Friday 1130-1420 |
| **WEEK 6** | Clinical: Monday – Thursday (Varies according to site) | Seminar: Friday 1130-1420 |
| **WEEK 7** | Clinical: Monday – Thursday (Varies according to site) | Seminar: Friday 1130-1420 |

**STUDENT RESPONSIBILITIES:**

NS3100 is comprised of clinical days and weekly seminars. Attendance is required for all components of the course. In order to pass NS 3100, students must demonstrate safe ethical nursing practice, professional behaviour, and complete the following experiences:

1. During this course, students will have a continuous experience in an institutional or community setting that includes nursing practice with adults or children experiencing chronic or acute variances in mental health and/or addiction.
2. Engage in therapeutic communication and analyse therapeutic communication techniques using evidenced-based practice and theory.
3. Participate in health promotion.
4. Collaborate with clients, family, nurses and members of the interprofessional health team.

**LATE ASSIGNMENT POLICY:**

All assignments are to be passed in at the time and place they are due. Extensions on assignments may be granted and must be negotiated with the instructor **prior** tothedue date and with a date specified for late submissions. A penalty of a letter grade for each working day an assignment is submitted after the due date will be deducted from the final grade. For example, a paper scored at B+ would receive an adjusted grade of B if handed in one day late. If the assignment is passed in after a weekend, the weekend will count as one working day. When submitting assignments electronically, they are to be submitted in the assignment box on Moodle.

October 1st, 2018 – last date to withdraw with permission

**STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism are serious offenses at GPRC. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/>or the College Policy on Student Misconduct: Plagiarism and Cheating at http://www.gprc.ab.ca/about/administration/policies/

\*\*Note: all Academic and Administrative policies are available on the same page.