



DEPARTMENT of Nursing Education & Health Studies

COURSE OUTLINE –WINTER I 2021

NS3100 : Mental Health Nursing Practice AC1/AC2/S1– 6 (0-3-24) 189 Hours for 7 Weeks

INSTRUCTORS: Tracy King, RN, MN
and Louise Rawluk, RN, MN

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OFFICE HOURS: Electronic office hours on request.

WINTER 2021 DELIVERY:

Mixed Delivery – Remote and Offsite. This course is delivered remotely with some face-to-face/offsite components in the clinical setting.

- For the remote delivery components: students must have a computer with a webcam and reliable internet connection. Technological support is available through helpdesk@gprc.ab.ca.
- For the offsite components: Students must follow the offsite agencies COVID-19 Guidelines and Protocols as well as the [GPRC Campus Access Guidelines and Expectations](#).

Note: GPRC reserves the right to change the course delivery.

CALENDAR DESCRIPTION:

Students will have opportunity to apply concepts of mental health nursing to the care of individuals experiencing acute and chronic alterations in mental health in hospital or community settings.

PREREQUISITE(S)/COREQUISITE:

Prerequisites: NS2015, NS2025, NS2150

Corequisite: NS3090

REQUIRED TEXT/RESOURCE MATERIALS:

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Austin, W., Kunyk, D., Peternelj-Taylor, C. & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Philadelphia, PA: Lippincott Williams & Wilkins.

Balzer Riley, J. (2017). *Communication in nursing*. (8th ed.). St. Louis, MI: Elsevier, Inc.

DELIVERY MODE(S):

Clinical and Seminar Hours

COURSE OBJECTIVES:

Students are responsible to familiarize themselves with *Graduate Competencies and Year-End Outcomes (with Cross Reference to Courses)*. Attention must be given to the competencies that are identified as being relevant to NURS 3100.

1. Describe, understand, and articulate an understanding of theory related to key patient safety concepts including communication, teamwork, environmental and human factors, safety risks and adverse events disclosure.
2. Describe, understand, and articulate an understanding of theory related to patient centered care and interdisciplinary practice.
3. Demonstrate, with guidance, the processes of self-directed learning, critical thinking, and group process in context-based learning, in a variety of community and/or acute care settings.
4. Demonstrate, with minimal assistance, the ability to practice in accordance with Level 3, Senior 1 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes Condensed Version*.
5. Demonstrate, with guidance, competence in the assessment, planning, implementation, and evaluation of nursing interventions in the provision of care to clients experiencing alterations in mental health.
6. Demonstrate, with minimal guidance, the ability to manage restoration, rehabilitation, and support activities for clients experiencing acute and chronic mental health alterations, in a variety of community and/or acute care settings.
7. Demonstrate, with minimal assistance, the ability to use professional and therapeutic communication skills to collaborate with clients (child/adolescents to older adults) experiencing chronic or less acute variances in mental health.
8. Demonstrate, with minimal guidance, competence in ability to interact with and develop collaborative partnerships with other members of the health-care team and members of the community.
9. Demonstrate, with guidance, the ability to engage in evidence-based practice.
10. Demonstrate the ability to integrate knowledge into clinical practice.

LEARNING OUTCOMES:

1. Demonstrate safe nursing practice
2. Apply models and theories relevant to nursing practice
3. Integrate cultural, legal, social, and ethical implications into nursing care
4. Apply principles of primary health care, health promotion and injury prevention, and the social determinants of health
5. Apply professional and therapeutic communication skills
6. Practice interprofessional competencies
7. Apply the nursing process in collaboration with the client
8. Access and assess information to guide nursing practice
9. Address social justice considerations
10. Recognize trends and issues in mental health/addictions in various settings

TRANSFERABILITY: UA NURS 310

NS3100 is considered part of the block transfer to the University of Alberta after Year 3. Students must receive a minimum grade of C- in this course and maintain a GPA of 2.0 to be considered for block transfer.

Although we strive to make the transferability information in this document up-to-date and accurate, the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities. Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferralberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability when not part of the GPRC/U of A block transfer.**

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferralberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

1. Nursing practice is evaluated using the Evaluation of Nursing Practice (ENP) tool.

ENP - 70%

- To encourage the development of self-reflective practice, relevant clinical experiences, reflection on practice, nursing care, and learning goals will be evaluated through discussion in weekly seminars and post-conference.
- Significant learning experiences that challenge or confirm student assumptions, values, and beliefs related to mental health will occur in two (2) reflective journals that will be incorporated into the ENP.
- Evaluation of student's clinical performance:
 - A formative and written summative Evaluation of Nursing Practice will be completed by the student and the instructor at the end of the course (see Course Syllabus for more information).
 - A midterm evaluation will be done as well.

Evaluation will be accomplished through observation (direct or indirect) assessment and evaluation of the student during nursing practice. Evaluations will be written by the instructor and may be supplemented with input from peers, field guides, the staff of an agency, and/or the client.

2. Clinical Scholarly Assignment - 30%

3. Safe Medicate - **Pass/Fail**

- Year 3 students will be tested on:
 - o Essential Skills 2018 (adults and pediatrics)
 - o Advanced skills: pediatric body-weight based calculations
 - o Advanced skills: intermittent infusions
 - o Advanced skills: continuous infusions
- a. If a student does not achieve 90% in any of the tested modules, they will re-write the test for that module.
- b. Students will have 3 opportunities to achieve 90% in all medication math calculation exams.
- c. If a student is not able to achieve 90% after the third attempt, they will not be able to attend the clinical course and may be asked to withdraw from the program after review by Student Academic Review Committee (SARC).
- d. If a student returns to the nursing program after a program interruption, and a different medication calculation program has been instituted, the student will be responsible for purchasing the new program and writing the medication math calculation exam that is being currently used.

Evaluation Strategies	Value	Due Date or Writing Date
Safe Medicate Exams	Pass/Fail	Writing Date: January 6 at 0900h
Safe Medicate Re-writes		Writing Date: January 8 at 1630h
Self-Reflection Assignment	-	Due: January 12 by 0800h
Field Notes (Louise's group only)	-	Due: Every Friday at 0800h
Journal #1 (both groups)	-	See Individual Group Course Calendar for due dates and times.
Journal #2 (both groups)	-	
Journal #3 (Louise's group only)	-	
Evaluation of Nursing Practice (ENP) <ul style="list-style-type: none">• Clinical practice• Weekly Field Notes (Louise's group only)• Seminars• Self-evaluation	70%	<u>Midterm Self-evaluation:</u> Due: January 26 by 0800h <u>Final-evaluation:</u> Week of February 22, by appointment. <u>Final Self-evaluation:</u> Due: February 24-26 by 0800h
Clinical Scholarly Assignment	30%	Due: February 12 at 2000h

GRADING CRITERIA: (The following criteria may be changed to suite the particular course/instructor)

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

WEEK 1	Orientation according to orientation schedule	Tuesday- Friday (see orientation schedule posted on Brightspace)
WEEK 2	Clinical orientation, clinical begins. Monday - Thursday	Seminar: Friday 1430-1720 Zoom
WEEK 3	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1430-1720 Zoom
WEEK 4	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1430-1720 Zoom
WEEK 5	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1430-1720 Zoom
WEEK 6	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1430-1720 Zoom
WEEK 7	Winter Break! ENJOY! ☺	
WEEK 8	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 14:30-17:20 Zoom

STUDENT RESPONSIBILITIES:

NS3100 is comprised of clinical days and weekly seminars. ***In order to pass NS3100, students must demonstrate safe, ethical nursing practice, professional behaviour, and complete the following experiences:***

1. During this course, students will have a continuous experience in an institutional or community setting that includes nursing practice with adults or children experiencing chronic or acute variances in mental health and/or addiction.
2. Engage in therapeutic communication and analyse therapeutic communication techniques using evidenced-based practice and theory.
3. Participate in health promotion.
4. Collaborate with clients, family, nurses, and members of the interprofessional health team.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

****Note:** all Academic and Administrative policies are available on the same page.

LATE ASSIGNMENT POLICY:

All assignments are to be passed in at the time and place they are due. Extensions on assignments may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions. A penalty of a letter grade for each working day an assignment is submitted after the due date will be deducted from the final grade. For example, a paper scored at B+ would receive an adjusted grade of B if handed in one day late. If the assignment is passed in after a weekend, the weekend will count as one working day. When submitting assignments electronically, they are to be submitted in the assignment box on the NS3100 Brightspace page.

HEALTH AND SAFETY REQUIREMENTS:

After each clinical shift, students who are wearing scrubs/uniforms are required to change their scrubs/uniforms and shoes prior to leaving the QE II hospital or health institution they have been assigned to.

Students are required to complete all Health and Safety requirements and screening prior to each clinical shift as per the Alberta Health Services COVID-19 protocols and guidelines. Students must supply their own mask(s) and follow Alberta Health Services (AHS) onsite COVID-19 Guidelines and Expectations, as posted on the Alberta Health Services website:

<https://www.albertahealthservices.ca/topics/Page16947.aspx>

The Chief Medical Officer of Health Order 05-2020 (<https://open.alberta.ca/publications/cmoh-order-05-2020-2020-covid-19-response>) states the situations where Albertans are **legally** obligated to quarantine or isolate:

- Albertans are legally required to be in **quarantine for 14 days** either:
 - Immediately upon return from travel outside of Canada, or
 - If they are a close contact of a person who tested positive for COVID-19.
- Albertans are **legally** required to be in **isolation for 10 days, or until symptoms resolve, whichever takes longer**, if they:
 - Are diagnosed with COVID-19.
 - Develop a new or worsening cough, fever, shortness of breath/difficulty breathing, chills, fatigue or weakness, new loss of smell or taste, gastrointestinal symptoms (abdominal pain, diarrhea, vomiting), or sore throat not related to a pre-existing illness or health condition.
- Order 05-2020 includes the following restrictions and requirements for isolation:
 - Remaining at home, and 2 metres distant from others at all times.
 - Not attending work, school, social events, or any other public gatherings.
 - Not taking public transportation.

For further information, please see GPRC COVID-19 Rapid Response Plan
<https://www.gprc.ab.ca/doc.php?d=RRPGUIDE>