



**UNIVERSITY OF ALBERTA
COLLABORATIVE BACCALAUREATE
NURSING PROGRAM**

Grande Prairie Regional College
Grant MacEwan College
Keyano College
Red Deer College
University of Alberta

**NURSING 1910
Nursing Practice I
COURSE OUTLINE**

Fall 2001

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Nursing 1910 - Nursing Practice I *3 (fi 6) (first term, 0-4s-21c in 4 weeks).
Beginning nursing practice with a focus on health promotion and interaction with clients across the lifespan in a variety of non-traditional settings. Co-requisite: NURS 190

COURSE HOURS:

Lecture: 0

Lab/Clinical: 92

Seminar : 2

COURSE DESCRIPTION:

This course will introduce students to beginning nursing practice in the community. The focus is on health promotion and on providing opportunities for students to develop communication skills and establish helping relationships. Nursing practice will include selected assessment of healthy individuals across the lifespan in the context of family within a community.

COURSE OBJECTIVES:

Upon completion of Nursing 191, the nursing student will be able to;

1. Assess determinants of health of a well client.
2. Assess environment for personal safety.
3. Identifies own pattern of dealing with ambiguity and diversity.
4. Demonstrates professional behaviors in nursing practice: respect, communication, responsibility, self awareness.
5. Demonstrate beginning application of legal and ethical standards in selected nursing situations, maintains confidentiality, uses informed consent.
6. Demonstrate establishment of a helping relationship with clients:
- demonstrate caring behavior in the helping relationship.
7. Demonstrate personal responsibility for learning; identify strengths and limitations of self.
8. Recognize how use of model/theory could enhance the understanding of a specific health promotion/primary prevention activity.
9. With guidance, applies beginning critical thinking strategies, of creative and reflective thinking, to examine health promotion and primary prevention activities.
10. Utilizes selected areas of knowledge about bio-psycho-socio-cultural-spiritual factors in interacting with healthy individuals and families across the lifespan.
11. Develop cooperative relationships with, colleagues, community members, and community agencies.
12. Demonstrate beginning skills in interacting with clients.
13. Utilizes appropriate lines of communication within the agency.
14. Identify factors influencing the outcomes in health promotion for a specific client.
15. Demonstrates beginning competence in selected skills required for health promotion of well clients.

REQUIRED TEXTS:

Canadian Nurses Association. (1997). *Code of ethics for nurses*. Ottawa, ON: Author.

Kerr, J.R. and Wood, M.A. (2001). *Potter and Perry's Canadian fundamentals of nursing*. St. Louis, MO: Mosby.

Stewart, M.J. (2000). *Community nursing: Promoting Canadian's health* (2nd ed.). Toronto, ON: W.B. Saunders.

Wilson, S.F. and Giddens, J.F. (2001). *Health assessment for nursing practice* (2nd ed.). St. Louis, MO: Mosby.

PROGRESSION CRITERIA:

- A. Students must complete theory and practice components of nursing courses to receive credit. **Students who have not received a pass in the clinical/laboratory portion of a nursing course are not given credit for the course and must repeat both the clinical and non-clinical portions of the course. The clinical component must be completed for credit to be granted.**
- B. A student who is absent more than two clinical days in one clinical nursing course may need to make up lost time before being allowed to continue in the program. Absences from the clinical site may result in the instructor's being unable to evaluate the student's clinical performance, resulting in a grade of F.
- C. Whenever a student's clinical performance is considered marginal in a nursing course, the student's total academic and clinical performance in the program is reviewed at the end of each term and considered in determining continuation in the program.
- D. An instructor, in consultation with the Chair, may immediately deny assignment of a student; withdraw a student from; or vary terms, conditions or a site of a practicum/clinical placement if the instructor has reasonable grounds to believe that this is necessary in order to protect the Public Interest.

PROFESSIONAL DRESS:

Students are expected to abide by the dress code of the particular agency where their clinical experience is taking place. It is expected all students will wear a Grande Prairie Regional College name tag.

LATE ASSIGNMENTS:

- All assignments and course evaluation strategies are required to be completed by the time and date specified in the course outline, or as otherwise negotiated with the instructor.

- Extensions of the time specified for submission may be granted in case of illness or extenuating circumstances. Extensions must be negotiated with the instructor prior to the required submission time and date.
- **A penalty will be imposed for all late assignments and course evaluation strategies. Five percent (5%) per class day will be deducted from the total value of the assignment for each class day the assignment is late.** For example, a scholarly paper, valued at 25% of the final grade, and handed in one class day late, will be valued at 23.75% of the final grade. Therefore, the instructor will assign the paper mark out of 23.75 and a perfect paper would attain a mark of 23.75 only.

REQUIRED LEARNING EXPERIENCES

In order to Pass NURS 1910, students must demonstrate safe, ethical nursing practice, professional behaviour, and complete the following experiences.

Over the four weeks, students will have a continuous experience in a community agency or a Long Term Care Facility. It will include nursing practice with healthy individuals across the lifespan in the context of family. The student will continue to make home visits with a client organized and implemented in NS 1900. The student will participate in activities of the agency. The student will engage in health promotion based on identified client needs.

1. CLINICAL PRACTICE:

- **Total clinical hours** for this course are 92 hours. NS 1910 Nursing Practice I and NS 1950 Nursing Practice II are considered as a unit for Year One of the program. Students are required to have experiences in three types of settings during the two courses, Clinical Tutor supervised Long Term Care, Non-Traditional Community Agencies, and with Public/Community Health Nurses at Health Units.
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- In NS 1910, each setting has a somewhat different allocation of hours to total 92. These will be provided to students by their Clinical Tutor during orientation to the course
- There are two (2) **seminar hours** scheduled each week for a total of 8 hours. These hours are required learning experiences. The time and place of these hours will vary with the clinical agency and will be negotiated with the instructor during orientation.

2. CLIENT/FAMILY HOME VISITING:

- During NS1910 students will begin the process of visiting a well client/family in the community they will subsequently visit regularly throughout Year I of the program. The purpose of visiting a well client/family is to begin to rely on your own knowledge, skills, abilities, and judgments related to clients/families in the community. The "focus of [your] observations, questions, and exploration with each individual family is to develop an understanding of the uniqueness of each family's situation and, in consultation with them, to identify appropriate goals, to try different approaches, and to revise plans as the situation evolves" (Gros and Ezer, 1997, 222).
- Students will have discussed the Home Visiting Principles during Lab #8 in NS 1900. For the beginning of visiting, and as needed throughout the visits, please review the material covered in this Lab, paying particular attention to the stages of developing a relationship, ending a relationship, and maintaining professional boundaries. During seminars in the NS1910 and NS1950 students will discuss their visits with the group, relating the experience to theory already taken in all courses and to their present clinical experience.
- Clinical time allotted for this experience is credited in the Non-traditional Community placement for a total of six (6) hours. The number of visits required before the end of March 2002 is a minimum of six (6) and a maximum of eight (8). **Two visits are required before December 14, 2001.**
- Each student will keep a Journal and be assigned an instructor with whom they may confer regarding their visits and to whom they will hand in their Journal each week. Information about the Journals follows on subsequent pages.

Gros, C. and Ezer, H. (1977). Promoting inquiry and nurse-client collaboration: A unique approach to teaching and learning. In L.N. Gottlieb and H. Ezer, (Eds.), *Perspective on health, family, learning, & collaborative nursing: A collection of writings on the McGill model of nursing*. Montreal, QC: McGill University.

EVALUATION OF REQUIRED LEARNING EXPERIENCES:

Nursing practice will be evaluated by means of the following:

1. Learning Plan/Field Notes/Reflective Journal: Value: Varies: See Table

- Students will develop a learning plan to explore personal learning objectives compatible with the experiences of this course to guide their nursing practice in NS 1910. Family/Home visiting is to be included in the Learning Plan.
- Field notes will be kept outlining the experiences/situations students encountered each day of Nursing Practice.

- A Reflective Journal will be completed each week wherein students reflect upon their Nursing Practice and how it is effecting their efforts to address their learning goals.
- Reflective Journals must indicate critical thinking and problem solving related to the experience and their learning plan.
- Criteria and Marking Guide for the Learning Plan and Field Notes/Reflective Journal are outlined in Appendix A.

2. Family/Home Visiting:

Value: PASS/FAIL*

A minimum of two visits to the assigned client/family need to be made during NS1910.

- A separate journal will be kept related to the visits. An entry after each visit is required and the Journal is to be handed in to your assigned instructor.
- Visits may be discussed in Seminars.
- Marking criteria for evaluation of Family/Home visiting is included in **Appendix B**.

***NOTE: A numerical grade for this experience will be given to students in NS 1950.**

3. DIRECT CLINICAL OBSERVATION:

Value: Varies: See Table

A written, summative evaluation of Nursing Practice will be completed by the student and the instructor.

This will be accomplished through observation, assessment and evaluation of the student during clinical practice. Evaluations will be made by the instructor and may be supplemented with input from peers, the staff of an agency, and the client. Students will complete a self-evaluation of their Nursing Practice using the same criteria and format as their tutors. Tutors and students are directed to refer to the current DCO document from the Evaluation Strategies Committee.

Students are expected to implement previously learned nursing skills.

The evaluation criteria and form are included in Appendix C.

4. OTHER ASSIGNMENTS

Value: Varies: See Table

Nursing theory will be evaluated using the following written materials. Assignments are specific to the agency where the clinical experience is taking place.

Public Health:

- Students will complete a **Community Assessment** using the Windshield Survey technique.

Non-Traditional Community Placement:

- Students will complete a **Health Promotion Project**

Long-Term Care Setting:

- No additional written assignments are required.

VALUES FOR REQUIRED LEARNING EXPERIENCES:

AGENCY	LEARNING EXPERIENCE	VALUE
Community Agency	Learning Plan, Field Notes, Reflective Journal	35%
Community Agency	Direct Clinical Observation	40%
Community Agency	Health Promotion Assignment	25%
Public Health Unit	Learning Plan, Field Notes, Reflective Journal	25%
Public Health Unit	Direct Clinical Observation	50%
Public Health Unit	Community Assessment	25%
Long Term Facility	Learning Plan, Field Notes, Reflective Journal	40%
Long Term Facility	Direct Clinical Observation	60%

LEARNING LABORATORY:

- **Public Health Orientation at the Mistahia Health Unit November 16, 2001 at 1300 hours.** This learning experience is **required** as it is offered only once during the program. If students does not attend they will be required to make appointments with the presenters at the orientation and collect the information that was provided. Students will then hand this information in to the clinical tutor supervising the Public Health Nursing Practice experience. **This orientation equates to three hours of Nursing Practice Time will be credited to the Public Health Experience.** The format of this credit will be negotiated with the clinical tutor during orientation.

NOTE: There is one learning experience all students must attend as it will only be offered once during Year I of the program

Public Health:

1. Community Assessment

Non-Traditional Community Settings:

1. Health Promotion and Client Education for Groups

Long Term Care Settings:

1. ADL (Activities of Daily Living), Nutrition (Feeding), Nurse Safety (Back Care)
2. Comfort and hygiene
3. Ambulation and transfers; aids for mobility (canes, walkers, lifts, wheelchairs), Assessment of ROM exercises and safety.
4. Environmental Precautions (emergency procedures, WHMIS)

NOTE: Scheduling for labs will be provided by your clinical instructor.