

## Nursing Education and Health Studies

### COURSE OUTLINE – WINTER 2023

#### NP2130 (A3, S1, S2): Maternity Nursing Theory – 3 (3-1-0) 60 Hours in 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

**INSTRUCTOR:** Miranda Retzler  
**OFFICE HOURS:** By appointment only

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#### CALENDAR DESCRIPTION:

Introduction to concepts, theories, and practices for practical nursing of maternity clients and their families. Focus is on family-centered care and client teaching for child-bearing women families.

Note: Available only to Practical Nursing Students

**PREREQUISITE(S):** NP1400, NP1410, NP1600, NP1450, NP1480

**COREQUISITE(S):** NP2100, NP2150

#### REQUIRED TEXT/RESOURCE MATERIALS:

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A. (2022). *Maternal child nursing care in Canada* (3<sup>rd</sup> ed.). Elsevier.

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6<sup>th</sup> ed.). Toronto, ON: Elsevier Canada.

#### REQUIRED ONLINE RESOURCES:

Northwestern Polytechnic [NWP] (2022). *Department of Nursing Education & Health Studies Student Handbook (2022-2023) PN Program*. Retrieved from [NWP PN Student Handbook 2022-2023](#)

- Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Code of ethics for Licensed Practical Nurses in Canada*. Retrieved from [https://www.clpna.com/wp-content/uploads/2013/02/doc\\_CCPNR\\_CLPNA\\_Code\\_of\\_Ethics.pdf](https://www.clpna.com/wp-content/uploads/2013/02/doc_CCPNR_CLPNA_Code_of_Ethics.pdf)
- Canadian Council for Practical Nurse Regulators [CCPNR] (2019). *Entry-level competencies for licensed practical nurses*. Author. Retrieved from [https://www.clpna.com/wp-content/uploads/2019/08/doc\\_CCPNR\\_Entry-Level\\_Competerencies\\_LPNs\\_2019E.pdf](https://www.clpna.com/wp-content/uploads/2019/08/doc_CCPNR_Entry-Level_Competerencies_LPNs_2019E.pdf)
- College of Licensed Practical Nurses of Alberta [CLPNA] (2020). *Competency profile for licensed practical nurses* (5<sup>th</sup> ed.). Author. Retrieved from [https://www.clpna.com/wp-content/uploads/2020/01/doc\\_Competerency\\_Profile\\_for\\_LPNs\\_5th\\_Ed\\_2020.pdf](https://www.clpna.com/wp-content/uploads/2020/01/doc_Competerency_Profile_for_LPNs_5th_Ed_2020.pdf)

**DELIVERY MODE(S):** In person Lecture and Seminar

**LEARNING OUTCOMES:**

Upon successful completion of NP2130 learners will be able to:

1. Discuss caring in a nurse-client relationship with family as the client.
2. Plan nursing care for a child-bearing family in a variety of healthcare settings.
3. Apply concepts of growth and development, anatomy, physiology, pathophysiology, and pharmacology to maternity clients and their families.
4. Discuss concepts, theories, and practices with family-centered care.
5. Discuss client teaching strategies.
6. Demonstrate therapeutic communication techniques for care of the child-bearing family.

**TRANSFERABILITY:**

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

**\*Warning:** Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities**. Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

## EVALUATIONS:

Assignment	Weight	Date	Related Course Learning Outcome
Nursing Care Plan	30%	Week 6	1, 2, 3, 6
Clinical Judgement Exam	25%	Week 13	1, 2, 3, 6
Seminar Participation	10%	End of Course	2,3,6
Final Exam	35%	In Exam Week	2, 3, 4, 5

### 1. Nursing Care Plan

The purpose of this assignment is to plan nursing care for a child-bearing family. Students will formulate a plan of care to optimize wellness based on the nursing process. Students will submit a written care plan including:

- Assessments that they would do
- Nursing Diagnosis(es)
- Planning strategies with the family
- Interventions that they would expect
- Evaluation strategies for the planned care

Use APA 7<sup>th</sup> edition formatting. Include a title page. Maximum of ten (10) pages double spaced. See the course myClass page for further information.

### 2. Clinical Judgement Exam

The purpose of this assignment is for students to demonstrate critical thinking through application of the nursing process. This Exam includes both an in-class, and out of class portion. It is an open-book exam. Students will receive a case-study about a child-bearing family as the client. The students will have to assess, diagnose, plan, implement, and evaluate their plan of care. See the course myClass page for further information.

### 3. Seminar Participation

Seminar participation is essential for solidifying learning and application of knowledge shared in the theory class. Seminars may consist of activities to apply skills and critical thinking, alternative learning opportunities such as guest speakers and case studies. Students' preparation and participation in seminars will be evaluated according to the rubric on the myClass page.

### 4. Final Exam

The final exam includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

Scheduling of the final exam is set by the Registrar's Office.

## GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

## PROGRESSION CRITERIA:

### Academic Progression Criteria

A grade of C- is the minimum passing grade for all Practical Nursing courses in the program. For promotion from term to term in the program and for graduation, students must have successfully completed all the required Practical Nursing and non-Practical Nursing courses of the previous term.

A student with a GPA of 1.69 or lower must withdraw from the Practical Nursing program.

Readmission to the program is subject to departmental review.

Students who withdraw or fail twice from a required practical nursing course will be withdrawn from the program and ineligible for re-admission.

## COURSE SCHEDULE/TENTATIVE TIMELINE:

- Subject to change

Week	Topic	Text Resource
Week 1	Introduction to Maternal Nursing	Chapter 1
Week 2	Family as Client	Chapter 2
Week 3	Perinatal Nursing	Chapter 4
Week 4	Women's Health	Chapters 5-7
Week 5	Pregnancy	Chapters 9-10
Week 6	Pregnancy	Chapters 11-12
Week 7	Pregnancy	Chapters 13-14
Week 8	Reading Week	
Week 9	Pregnancy	Chapter 15
Week 10	Childbirth	Chapter 16
Week 11	Childbirth	Chapters 17-18
Week 12	Childbirth	Chapter 19-20

Week 13	Postpartum Period	Chapter 21-22
Week 14	Postpartum Period	Chapter 24
Week 15	Postpartum Period	Chapters 23
Week 16	Final Exam	

### **STUDENT RESPONSIBILITIES:**

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Nursing Education & Health Studies Handbook [PN Student Handbook](#)
- NWP Policies: [Northwestern Polytechnic administrative/academic policies](#)
- NWP Students Rights & Responsibilities Policy: [Students Rights & Responsibilities Policy](#)

Students are responsible for the legitimate access and academic integrity in using any online resources such as extra exam-like questions and learning activities, including appropriate distribution according to NWP Policies. Any questions related to use of online or electronic study resources should be forwarded to the course instructor.

Audio or video recording, digital or otherwise, of lectures, labs, seminars, or any other teaching environment by students is allowed only with the prior written consent of the instructor or as a part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

### **STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the Northwestern Polytechnic Calendar at <https://www.nwpolytech.ca/programs/calendar/> or the Student Rights and Responsibilities policy which can be found at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

\*\*Note: all Academic and Administrative policies are available on the same page.

#### **Plagiarism:**

The use of close imitation of language, paintings, films, prototypes and ideas of another author and representation of them as one's own original work. The most common forms of plagiarism are: copying or paraphrasing another author's work without proper acknowledgement, using the ideas or lines of reasoning of another author's work without proper acknowledgement,

submitting work to which someone else has made substantial improvements to the content, and submitting the same work for multiple courses without approval. Plagiarism can be judged to have occurred if the instructor has both the submitted material and original source that was copied, or if the student is unable to explain the terminology or ideas of a submission.

#### **ATTENDANCE:**

Attendance for all lectures and seminars is expected. Absences will jeopardize overall performance and success in the course and may result in a Failure.

#### **LATE ASSIGNMENT POLICY:**

To obtain credit in the course ALL assignments and examinations must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.