

#### DEPARTMENT OF NURSING EDUCATION AND HEALTH SCIENCES

# **COURSE OUTLINE – Winter 2023**

# NP1500 (A3): Anatomy and Physiology – 6(6-0-0), 90 hours for 15 weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land, and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

**INSTRUCTOR:** Beatrice Amar, Ph.D. **PHONE:** 780-539-2031

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**OFFICE HOURS:** Mon & Wed: 1 - 3 p.m. or by appointment

#### **CALENDAR DESCRIPTION:**

Introduction to the structure, organization, and functions of the human body. Note: Available only to Practical Nursing students.

PREREQUISITE(S): Biology 30 or equivalent

COREQUISITE: NP1205, NL1250, NL1280

## REQUIRED TEXT/RESOURCE MATERIALS:

Patton, Bell, Thompson and Williamson (2022) Anatomy and Physiology. 11<sup>th</sup> Edition. *Elsevier Canada* ISBN: 9780323775717

**DELIVERY MODE(S):** Lecture: Tuesday & Thursday 8.30 – 11.20 a.m. (HEC 206)

### **COURSE OBJECTIVES:**

- 1. To gain further understanding of the structures and physiological processes of the human body.
- 2. Demonstrate critical thinking skills with respect to anatomy, physiology and principles of microbiology.
- 3. Develop knowledge of medical terminology.
- 4. To gain a fundamental understanding of anatomy and physiology that will facilitate future work in the medical field.

### **LEARNING OUTCOMES:**

Upon successful completion of NP1500, learners will be able to:

- 1. Identify anatomical structures and physiological processes of the human body.
- 2. Describe relationships between structure, organization, and function.
- 3. Describe relationships between systems and homeostasis.
- 4. Use appropriate medical terminology

## TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <a href="http://www.transferalberta.ca">http://www.transferalberta.ca</a>.

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students** are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

### **EVALUATIONS:**

Student assessments will be conducted as given below:

Academic Evaluation	Weight	Date	Related Course Learning Outcomes
Midterm Exam #1	30%	Week 5	1,2,3,4
Midterm Exam #2	30%	Week 10	1,2,3,4
Final Exam	30%	During Final Exam Week	1,2,3,4
Assignments			
1. Study Aid Drawings	5%	TBA	1,2,3,4
2. Practice quizzes	5%	TBA	

- 1. Midterm Exam #1 all content up to week 4
- 2. Midterm Exam #2 content from week 5 to week 9
- 3. Final Exam content from week 10 to 15

Question format includes a variety of styles including, but not limited to multiple choice, short answer, long answer, matching, and select all that apply. Scheduling of the final exam is set by the Registrar's Office.

## **GRADING CRITERIA:**

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point	Percentage	Alpha	4-point	Percentage
	Equivalent	Guidelines	Grade	Equivalent	Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	С	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
В	3.0	73-76	D	1.0	50-54
В-	2.7	70-72	F	0.0	00-49

### **PROGRESSION CRITERIA**

# Academic Progression Criteria

A grade of C- is the minimum passing grade for all Practical Nursing courses in the program. For promotion from term to term in the program and for graduation, students must have successfully completed all the required Practical Nursing and non-Practical Nursing courses of the previous term.

A student with a GPA of 1.69 or lower must withdraw from the Practical Nursing program. Readmission to the program is subject to departmental review.

Students who withdraw or fail twice from a required practical nursing course will be withdrawn from the program and ineligible for re-admission.

# COURSE SCHEDULE/TENTATIVE TIMELINE:

	Week	Topic	Text Resource
	Week 1	The Human Body- levels of organization	Chapter 1 & 3
<b>Unit 1</b> The Body as a whole		Biomolecules & Homeostasis	Chapter 2
	Week 2	Cells and Tissues	Chapter 5,6,7
		The Integumentary System	Chapter 8 & 9
Unit 2	Week 3	The Skeletal System	Chapter 10,11,12,13,
Support and Movement		The Muscular System	& 14
	Week 4	The Central Nervous System	Chapter 18,19,20
Unit 3.	Week 5	Review Class	
Communication, control		Midterm #1*	
and Integration	Week 6	The Peripheral Nervous System	Chapter 21, 22
		The Autonomic Nervous System	
	Week 7	The Sense Organs	Chapter 23, 24
		Endocrine Regulation	Chapter 25, 26
V		c Feb 21 - 24, 2023- No classes	
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Unit 4 Transportation and Defense	Week 8	The Circulatory System: Blood	Chapter 27
	W1-0	The Circulatory System: The Heart	Chapter 28, 29
	Week 9	The Circulation of Blood and Lymph	Chapter 30, 31
		Immune Response	Chapter 32,33
	Week 10	Review Class	
		Midterm #2 *	
Unit 5	Week 11	The Respiratory System	Chapter 35,36,37
Respiration, Nutrition and	Week 12	The Digestive System	Chapter 38,39,40
Defense	Week 13	The Urinary System and Fluid Balance	Chapter 42,43,44
Unit 6	Week 14	Male reproductive system	Chapter 45,46,47
Reproduction and		Female reproductive system	
Development		Growth and Development	
	Week 15	Review Class	
		Final Exam	

<sup>\*</sup>subject to change

**STUDENT RESPONSIBILITIES:** Students are expected to attend <u>all</u> classes and laboratory sessions. All assignments must be completed in full and handed in by the date specified. Students must attend laboratory sessions and complete each exercise in order to receive credit for the lab reports.

## STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the Northwestern Polytechnic Calendar at <a href="https://www.nwpolytech.ca/programs/calendar/">https://www.nwpolytech.ca/programs/calendar/</a> or the Student Rights and Responsibilities policy which can be found at <a href="https://www.nwpolytech.ca/about/administration/policies/index.html">https://www.nwpolytech.ca/about/administration/policies/index.html</a>.

\*\*Note: all Academic and Administrative policies are available on the same page.

## ADDITIONAL INFORMATION

Assignment description

Assignment	Grade	Description/Rubric	Tentative deadline
	weightage		
Study aid drawings (3 sets)	5%	Four labelled diagrams	Due on the midterm
		per chapter - completion	and final exam days
		mark	
Practice quiz/Review	5%	Practice quiz/Review	TBA in class
assignment		assignment	
One per unit (Total 6 units)		completion mark	