



DEPARTMENT OF NURSING EDUCATION & HEALTH STUDIES

COURSE OUTLINE – Fall 2021

HC 1020: Human Body, Health, and Chronic Illness 3 (4-0-0) 45 hours/12 weeks

Grande Prairie Regional College respectfully acknowledges that we are located on Treaty 8 territory, the traditional homeland and gathering place for many diverse Indigenous peoples. We are honoured to be on the ancestral lands of the Cree, Dene/Beaver and Métis, whose histories, languages, and cultures continue to influence our vibrant community. We are grateful to have the opportunity to work, learn, and live on this land.

COURSE LEADER:

Brandy Pearson

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INSTRUCTOR:

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OFFICE HOURS: By appointment

CALENDAR DESCRIPTION:

In this course, you will study the systems that make up the human body and discuss the milestones of growth and development across a lifetime. You will read about and discuss the most common of the chronic illnesses that you may encounter, and you will learn how to provide safe care based on evidence-informed practices according to the clients' diagnoses, needs, and care plans. The information learned in this course will provide you with care strategies to support the client and the client's family through the process of a client's dying and death.

PREREQUISITE(S)/COREQUISITE: None

DELIVERY MODE(S):

This course is delivered through 5 hr/week of lecture over 12 weeks and has no associated lab or clinical hours

FALL 2021 DELIVERY:

High Flex- Attend in-Person on GPRC Grande Prairie Campus or Remotely via Zoom. The dates and locations of the onsite components can be found on MyClass in the course calendar. For more information, see lab & lecture attendance and participation information below.

REQUIRED TEXT/RESOURCE MATERIALS:

Sorrentino, Sheila A., Remmert, L. & Wilk, M.J.:(2018) Mosby's Canadian Textbook for the Support Worker - Text and Workbook Package

RECOMMENDED TEXTBOOK:

Murray, K. :(2020) Integrating a Palliative Approach: Essentials for Personal Support Workers 2nd :
Life and Death Matters

COURSE OBJECTIVES:

1. Describe knowledge of basic anatomy and physiology (the structure and function of the body systems) with the purpose of having the foundational knowledge to describe common chronic illnesses.
2. Demonstrate the use of appropriate terminology related to the human body and the HCA role.
3. Describe knowledge of the basic principles of growth and development across the lifespan.
4. Discuss the aging process (effects on the body systems) and implications for the psychosocial dimension of health.
5. Analyze personal feelings and experiences as they relate to the aging process, death, and healthy dying.
6. Describe characteristics of healthy aging and its relationship to client independence.
7. Demonstrate knowledge of common chronic illnesses, including dementia, affecting the aging population.
8. Describe the effects of acute and chronic health conditions to diverse clients of various cultural backgrounds.
9. Examine chronic pain in relation to chronic conditions.
10. Examine the HCA role and responsibilities in providing person-centred care to clients with chronic conditions across acute and continuing care (home care, long-term care, and supportive living) settings.

LEARNING OUTCOMES:**TRANSFERABILITY:**

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page

<http://www.transferalberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Evaluation	Value	Date
Course Exam	70% or better	November 18, 2021 (Tentative)
Attendance and Participation (Lab/Lecture)	Pass/Fail	

LECTURES:

Attendance at all lectures is encourage. Absence could jeopardize overall performance.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

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COURSE SCHEDULE/TENTATIVE TIMELINE:

Refer to the HC1020 MyClass site for the course calendar and course schedule/tentative timeline.

STUDENT RESPONSIBILITIES:

Refer to the College Policy on Student Rights and Responsibilities at:

www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the GPRC Department of Nursing Education & Health Studies Student Handbook on MyClass

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

**Note: all Academic and Administrative policies are available on the same page.

Additional Information (Optional):