

**GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS**

**DANCE 1000: THE SPECTRUM OF DANCE IN SOCIETY**

**COURSE OUTLINE  
FALL 1996**

INSTRUCTOR:     Bethe Goldie  
OFFICE:         K 216  
OFFICE PHONE:  539-2972  
HOME PHONE:   532-6348

CLASS SCHEDULE AND LOCATION:

LABS:            Tuesdays AL1:     9:00 - 10:50 am   Gym  
                      Thursdays AL2:   9:00 - 10:50 am   Gym

LECTURES: (The whole class!)

                      Mondays:           1:00 - 1:50 pm     Gymnasium  
                      Wednesdays:       1:00 - 1:50 pm     Room L123

TRANSFERABILITY:   DANCE 100 (3) -University of Alberta  
                              1 unspec PHAC (1.5) - University of Lethbridge  
                              DCED 243 (3) - University of Calgary

COURSE DESCRIPTION:

This course covers the theory and practice of dance as a human physical activity. The focus will be on the aesthetic, expressive, rhythmical dimensions of movement in a culture's artistic and social life. The study will include movement content, techniques, improvisation and composition in a variety of dance forms including modern creative, social, jazz, and folk.

COURSE OBJECTIVES:

To experience, understand, and appreciate:

- (a). A variety of dance forms fundamental to the field of dance in today's world;
- (b). The roles of dance in society: as a performing art, as a recreational, social, and therapeutic activity, as an educational endeavour, and as a reflection of a culture;
- (c). The unique contribution that dance can make to the study of physical education and sport;
- (d). Human physical activity as an aesthetic, expressive, rhythmic endeavour;
- (e). The movement content of dance and relationships of content, technique, and improvisation to dance composition.

COURSE TEXT:

In the absence of a single, appropriate text book, a collection of the required readings for this course are available on reserve in the library under the title: **Dance 1000 Assigned Readings.** There are 3 copies on reserve in the library and 4 copies on reserve in my office.

COURSE CONTENT AND SCHEDULE:

<u>Lectures:</u>	September 11	Introduction
		A. Dance/Movement Concepts
	September 18	B. Dance in Society
	September 25	C. Dance as an Aspect of Culture; Dance Forms: Folk/Ethnic Dance
	October 2	D. Dance Forms: Jazz
	October 9	E. Dance History
	October 16	F. Dance Forms: Ballet
	<b>October 23</b>	<b>MIDTERM EXAM</b>
	October 30	G. Dance as a Performing Art
	November 6	H. Dance Forms: Modern/Contemporary/Creative
	November 13	I. Dance and Sport
	November 20	J. Dance in Education
	November 27	K. Dance Forms: Ballroom/Social Dance
	December 4	L. Dance Therapy Review

THE FINAL EXAM WILL BE GIVEN DURING EXAM WEEK.

Labs:

Labs will be practical experiences requiring participation, performance, and creativity in four areas of dance: Folk, Jazz, Modern Creative, and Social. Please see attached lab schedule.

ATTENDANCE:

A. This course is a participation process. You are expected to attend and participate in **ALL** scheduled classes and labs. Your active involvement is the course experience. Make-up lab opportunities are not possible.

B. Should medical reasons make attendance impossible, please bring a statement from your doctor to the next class.

C. If intercollegiate events necessitate your being away from class, consult with your instructor well in advance. Alternate assignments may be required to ensure that you receive full benefit from your program.

D. An inordinate number of absences (10% or 5 classes/labs) may be grounds for denial of permission to write a final exam. (See "Exams" section of GPRC calendar.)

E. Attendance will be checked in all classes and labs. A student who is present in a lab but unable to participate actively may be given in-class assignments in order to qualify for attendance.

F. If a student is injured prior to the withdrawal deadline (Nov. 1) and the injury will preclude participation in the labs for a period of more than one week, that student will be required to withdraw from the course.

DRESS:

Appropriate apparel for each activity class is expected. As members in the profession of Physical Education, a clean, well groomed, aesthetic appearance is a necessity.

Men: -T-shirt, slim fitting or stretch pants (track or gymnastics pants, running, cycling, or dance tights)

-Footwear: bare feet for Modern; jazz oxfords or slippers for Jazz, Folk, and Social dance.

Women:-leotards and tights

-for Folk and Social dance you may add a skirt

-for Jazz you may add slim-fitting stretch pants, over-shirt or unitard

-Footwear: bare feet for Modern; jazz oxfords, jazz pumps or ballet slippers for Jazz, Folk, and Social dance.

<u>EVALUATION:</u>	Folk Dance	10%
	Jazz Dance	15%
	Modern Dance	25%
	Special assignment	5%
	Social Dance	10%
	Mid-Term Written	15%
	Final Written	20%
		<hr/> 100%

- Folk Dance:** Students will be required to perform 2 folk dances of contrasting styles.
- Jazz Dance:** Students will perform a jazz dance sequence learned in class with a portion of their own included. Emphasis will be on technical presentation and choreography.
- Modern Dance:** Two assignments will be given. The first, worth 10%, will be an in-class duet marked on the same day as assigned. The second (15%) will be a dance choreographed and performed by the student individually.
- Social Dance:** Students will be required to perform three dance sequences, as given in class, with a partner of their choice.