

GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

DANCE 1000: THE SPECTRUM OF DANCE IN SOCIETY

COURSE OUTLINE  
FALL 1992

INSTRUCTOR: Bethe Goldie

OFFICE: K 216

OFFICE PHONE: 539-2972

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CLASS SCHEDULE AND LOCATION:

LABS: Tuesdays and Thursdays: 11:00 am - 12:20 pm Gymnasium

LECTURES: Wednesdays: 1:00 - 1:50 pm Room J229

TRANSFERABILITY: DAC 100 (3) - University of Alberta  
1 unspec PHAC (1.5) - University of Lethbridge  
DCED 243 (3) - University of Calgary

COURSE DESCRIPTION:

This course covers the theory and practice of dance as a human physical activity. The focus will be on the aesthetic, expressive, rhythmical dimensions of movement in a culture's artistic and social life. The study will include movement content, techniques, improvisation and composition in a variety of dance forms including creative, social, jazz, and folk.

COURSE OBJECTIVES:

To experience, understand, and appreciate:

- (a). A variety of dance forms fundamental to the field of dance in today's world;
- (b). The roles of dance in society: as a performing art, as a recreational, social, and therapeutic activity, as an educational endeavour, and as a reflection of a culture;
- (c). The unique contribution that dance can make to the study of physical education and sport;
- (d). Human physical activity as an aesthetic, expressive, rhythmic endeavour;
- (e). The movement content of dance and relationships of content, technique, and improvisation to dance composition.

COURSE TEXT:

In the absence of a single, appropriate text book, a collection of the required readings for this course are available in the bookstore under the title: **Dance 1000 Assigned Readings.**

COURSE CONTENT AND SCHEDULE:

<u>Lectures:</u>	September 9, 16	Dance in Human History (#1 & 2)
	September 23	Cultural and Traditional Dance (3)
	September 30	Dance Forms - Ballet and Jazz (4)
	October 7	Dance Forms - Modern (5)
	October 14	Dance/Movement Concepts (6)
	<b>October 21</b>	<b>Midterm Exam</b>
	October 28	Dance Composition (7)
	October 28	Dance and Sport (8)
	November 4	Dance and the Arts (9)
	November 18	Dance in Education (10)
	November 25	Dance Therapy (11)
	December 2	Ballroom Dance in our Culture (12)

Labs: Labs will be practical experiences requiring participation, performance, and creativity in four areas of dance:

Introduction	September 2 (Wed.)
Locomotor Patterns, Stretching	Sept. 3, 8
Folk Dance Practical exam	Sept. 10, 15, 17, 22, 24 September 29
Jazz Dance Practical exam	Oct. 1, 6, 8, 13, 15, 20, 22 October 27
Modern Dance Practical exam	October 29, November 3, 5, 10, 12, 17 November 19
Social Dance Practical exam	November 24, 26 December 1, 3 December 8.

ATTENDANCE:

- A. This course is a participation process. You are expected to attend and participate in ALL scheduled classes and labs. Your active involvement is the course experience. Make-up lab opportunities are not possible.
- B. Should medical reasons make attendance impossible, please bring a statement from your doctor to the next class.
- C. If intercollegiate events necessitate your being away from class, consult with your instructor well in advance. Alternate assignments may be required to ensure that you receive full benefit from your program.
- D. An inordinate number of absences (10% or 5 classes) may be grounds for denial of permission to write a final exam. (See "Exams" section of GPRC calendar.)
- E. Attendance will be checked in all labs. A student who is present but unable to participate actively may be given in-class assignments in order to qualify for attendance.
- F. If a student is injured prior to the withdrawal deadline and the injury will preclude participation in the labs for a period of more than one week, that student will be required to withdraw from the course.

DRESS:

Appropriate apparel for each activity class is expected. As members in the profession of Physical Education, a clean, well groomed, aesthetic appearance is a necessity.

- Men:
- T-shirt, slim fitting or stretch pants (track or gymnastics pants, running, cycling, or dance tights)
  - Footwear: bare feet for Modern; jazz oxfords or slippers for Jazz, Folk, and Social dance.

Women: -leotards and tights

- for Folk and Social dance you may add a skirt
- for Jazz you may add slim-fitting stretch pants, over-shirt or unitard
- Footwear: bare feet for Modern; Jazz oxfords, jazz pumps or ballet slippers for Jazz, Folk, and Social dance.

<u>EVALUATION:</u>	Folk Dance	10%
	Jazz Dance	15%
	Modern Dance	25%
	Observation and Critique of Live Dance Performance	5%
	Social Dance	10%
	Mid-Term Written	15%
	Final Written	20%
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Folk Dance: Students will be required to perform 2 folk dances of contrasting styles.

Jazz Dance: Students will perform a jazz dance sequence learned in class with a portion of their own included. Emphasis will be on technical presentation.

Modern Dance: Two assignments will be given. The first, worth 10%, will be an in-class duet marked on the same day as assigned. The second (15%) will be a dance choreographed and performed by the student. Note that the testing day is November 19.

Observation and Critique of Live Dance Performance: Each student will be required to attend the performance of DECIDEDLY JAZZ DANCEWORKS in the College Theatre on Sunday, November 8, 1992. A short written report on the performance will be worth 5% and due shortly after the performance.

Social Dance: Students will be required to perform two or three dance sequences, as given in class, with a partner of their choice.