

## COURSE OUTLINE

### Sexual Harassment and Assault

**INSTRUCTORS:** Denay Bjornson, Public Awareness Coordinator at Pace

**PHONE:** 780-539-2975

**E-MAIL:** ce@gprc.ab.ca

**PREREQUISITE(S):** None

**REQUIRED TEXT/RESOURCE MATERIALS:** Course materials are supplied.

**CALENDAR DESCRIPTION:**

This workshop will help you to define and understand sexual assault and sexual harassment, and the affects they have on individuals. You will have a chance to challenge yourself to see if you are aware of the hidden realities of sexual assault and harassment in our society, and explore myths around sexual violence. You will learn to engage in conversations around the issue of victim-blaming and how we can help reduce this stigma. This workshop will also explore sexual violence in the workplace, and you will develop an understanding of how you can help create a safe workplace. You will also gain tools to assist in handling disclosures of sexual violence, and your responsibilities if you should receive a disclosure.

**CONTACT HOURS:** 3 hours

**DELIVERY MODE(S):** Face to Face

**TRANSFERABILITY:** N/A

## **GRADING CRITERIA:**

Upon completion of the course, you will receive an Acknowledgement of Course Completion certificate. Upon completion of six core courses, plus a minimum of 12 hours of elective courses, you will receive the Crisis Response Management Certificate for the program.

## **EVALUATIONS:** N/A

**STUDENT RESPONSIBILITIES:** Attendance and classroom participation. Students cannot miss a half an hour or more of the course, or a certificate will not be awarded.

## **COURSE SCHEDULE/TENTATIVE TIMELINE:**

Dates vary (refer to website for current availability).

## **COURSE CONTENT**

### **Module 1: Sexual Violence**

- Definition of sexual violence and continuum
- Statistics – the reality
- Sexual harassment
- Sexual harassment verses flirting

### **Module 2: What do I do?**

- How to get help
- Policies

### **Module 3: Sexual Assault**

- Definition of Sexual Assault
- Who's responsible for sexual violence?
- Why don't victims tell?
- What do you do if you or a friend experience sexual assault?

### **Module 4: How to take a disclosure**

- Key points on taking a disclosure
- The use of open verses closed questions

### **Module 5: Consent**

- What is consent?
- When is it not given?

### **Module 6: Why do people offend?**

- Who could experience sexual violence?
- Why people offend
- Understanding behavior
- How our culture can contribute to sexual violence

### **Module 7: What we can do now**

- Prevention
- Ways to stand up